



Our Mission

Providing a balanced and innovative international education that enables students to achieve their individual potential while preparing them to be successful citizens who make positive contributions to society and the world.



Today's Content:

- Head of School Notes
- Mathematics Week ctd
- Some Impressive Cell models created by Year 7 students
- Scholastic Books are on the way

Head of School Notes

Dear Student and Parents,

The well-being and mental health of our community is always at the forefront of my thoughts. Today I would like to share some more information on what families can do to stay healthy. See the links below.

I am also happy to share a video by DCMA artists, featuring Coach Tryphon (our football coach) as one of the singers. I love how Zanzibar is dealing with the corona pandemic in its own unique way! <https://www.youtube.com/watch?v=8ja7KErsDy8&feature=youtu.be>

For all children <https://aisa-covid19portal.com/helping-children-cope-with-changes-resulting-from-covid-19/>

For our middle and high school students. <https://www.unicef.org/coronavirus/how-teenagers-can-protect-their-mental-health-during-coronavirus-covid-19>

We continue with Mathematics Week. Today we have specific suggestions for primary and secondary Thank you to Mrs. Meiners and Mr. Levy for contributing these daily suggestions.

ON FRIDAY, MAY 1, I SENT OUT A COMMUNITY SURVEY ASKING FAMILIES ABOUT THEIR INTENTION TO RETURN TO ISZ IN AUGUST OF 2020. If you have not already done so, please take the time (around 30 seconds) to provide us with this crucial information. Proper planning of our educational program and staffing rely on this information. Thank you. https://docs.google.com/forms/d/e/1FAIpQLSefhL9JYn-S7leueWx_mL8zWbLxSzdK1CgR_ktcv_IQqjtVg/viewform?usp=sf_link

Mathematics Week for Primary

Pat-a-cake: You know the traditional pat-a-cake hand clapping games that you play with a partner? Usually you recite a story or a rhyme while you clap each others' hands. Instead, recite your Math facts! You can count or skip count with younger students, recite numbers bonds to 10 or 100, or even your multiplication tables. Here's a video of Shujaa and I playing pat-a-cake with her times tables.

Jumping rope: Your parents' generation grew up playing a lot of games with a jump rope. These can be played individually or with a friend or your family. Get a jump rope and ask your parents to show you one of their favorite games. Practice reciting your math facts while jumping.

Swinging: Swinging is a great way to calm your mind and focus on practicing your math facts. Play a game called Ping-Pong with a friend,

sibling or parent on the swing. The person pushing says Ping, pong, ping, pong, over and over and then pops a math question to the one on the swing. It could be a number bond, a multiplication table, or any math question. The person on the swing has to answer it before they finish one full swing. If they do, they keep swinging and their partner says, Ping pong, ping, pong and a question again. If the person on the swing doesn't answer in time, you switch.

Mrs. Meg also made a little video how to practice math timetables. Enjoy https://drive.google.com/file/d/1DOMoGp_QmkIUUntD70mqkZeHD6PXPvDB/view?ts=5eb3aa4d

Mathematics Week for Secondary

Math and Movement:

Jumping Jack Math

This is a lesson developed by East Carolina University, Activity Promotion Laboratory in partnership with the NC Department of Public Instruction (Healthful Living and Healthy Schools Sections), the Health and Wellness Trust Fund, Be Active North Carolina, the NC Alliance for Athletics, Health, Physical Education, Recreation and Dance, and the Physical Activity & Nutrition Branch.

Rules/Directions:

1. Teacher calls out an addition, subtraction, multiplication, and/or division problem.
2. Student must mentally solve problem and perform the corresponding number of jumping jacks or other specified movements. Movement

variations:

➤ **Bicep curls with math book**

- ➤ **Knee lifts**
- ➤ **Standing sit-ups (raise right knee to left elbow, then raise left knee to right elbow)**
- ➤ **Squats**
- ➤ **Marching in place**
- ➤ **Chair dips**
 - **Sports activities (tennis shots, football passes, volleyball spikes)**

3. Students jog in place while waiting for each math problem. Mental math in action!

Variation:

1. Incorporate integers, word problems, fractions, and ratios.

Family Feature: My Study Space

We continue to invite students and parents to share with us the study space you created. Send us a picture and a caption to info@isz.co.tz or share it with your homeroom teacher.

Thank you for sharing.

Unfortunately, nobody shared any pictures with me for today ;-(

Our Scholastic Order Has Shipped

If you want to track our shipment, please click on these links

[Tracking for Parcel 1 \(1Z4145EX0442166125\)](#)

[Tracking for Parcel 1 \(1Z4145EX0442990510\)](#)



UPCOMING EVENTS

- OFFICE HOURS FROM 9AM TO 3PM MONDAY THROUGH FRIDAY
- Teacher Appreciation Week May 4-8
- Mathematics Week May 4-8
- Language Week May 11-15

Nurture, Empower, Lead